



St. Bernardine of Siena Youth Ministry 24410 Calvert Street Woodland Hills, CA 91367 818 710 1662

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## Confirmation Name Selection and Report Instructions

You may use your birth name for your **Confirmation Name** or you may choose another Christian name. Choosing another name is particularly appropriate if your birth name is not a Saint name.

In choosing a Saint, remember:

- Choose a Saint that you want to be like, whose life is particularly inspirational to you, or with whom you can identify. Maybe he or she had the same struggles as you and worked through them in a way that you admire. Maybe they are the patron Saint of something important to you.
- If you are named after a Saint, research the life of that Saint. See if your life reflects or has something in common with his or her life.
- The Saints are ordinary people (like you and I) who strove to do God's will. Mother Teresa aptly put it after a TV interviewer questioned her, "What are you trying to do, become a saint?" She responded, "Yes, shouldn't we all strive for that?"

**There are lots of books of Saints and you can probably find a number of them at your local library. Online, [www.catholic.org/saints](http://www.catholic.org/saints) is a great resource. There is also a *Confirmation Names* app from Catholic publisher Our Sunday Visitor.**

You are to complete a Saint report in your own words, at least one page in length containing the following information:

1. Your Full Name (First, Middle, and Last)
2. The Name of the Saint you have chosen
3. The First Name of the Saint as you want it said by the Bishop and to appear on your Confirmation certificate.
4. The Feast Day of the Saint you have chosen
5. Where and when the Saint lived
6. Why you chose the Saint
7. The qualities of this Saint that you want to try to reflect in your life